



# ARIZONA-SONORA DESERT MUSEUM

## PLANT CARE INFORMATION

### Maximilian Sunflower

*Helianthus maximiliani*

**DESCRIPTION:** Maximilian Sunflower is native to the Great Plains and former tall grass prairie regions of central North America. This herbaceous perennial can grow quickly 3 to 8' tall and 2 to 4' wide. It blooms in mid-summer to fall. Two to three inch flower heads have yellow rays with darker yellow disk flowers. It is a great plant to attract bees, beetles, birds, and butterflies, including skippers. Maximilian Sunflower may self-seed in the garden.

**RECOMMENDED USE:** Sunny borders, wild or native plant gardens.

#### CULTURE:



**Hardiness:** To at least 20°F



**Sun tolerance:** Full sun to very light shade. Too much shade will make for a leaning, floppy plant with poor flowering.



**Watering and feeding:** Moderate water use but can come back from drought. Fertilize monthly when growing.



**Soil requirements:** Most soils, but prefers well-drained soils



**Pruning:** Taller plants may need some staking or other support in exposed areas.